



the Dynamics of
Military Culture

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**Mental Health
Challenges for Vets**

A continuing education
opportunity for

**Mental Health
Providers**

*Sponsored by
Daybreak Counseling Services and the
DE National Guard*

REGISTRATION FORM

Name/Credentials _____

Phone _____

Business name and Mailing Address _____

E-mail address _____

(for confirmation of registration)

Special food needs? _____

Please complete this form and mail it with your personal check in the amt of \$45 payable to:
Daybreak Counseling Services, PO Box 288, Middletown, DE 19709 by postmark Feb. 10.
\$35 early-bird registration until Feb. 3. Call Doris Obenshain at 302-448-1450 to register by
phone and pay by credit card. Refunds available thru one week prior to event; minus a \$10
processing fee. No refunds after Feb. 10.

To:

Daybreak Counseling Services
c/o Connection Community Church
PO Box 288
Middletown DE 19709

Overview:

Warriors and their families face extreme challenges in preparing for deployment and in returning from a war zone. Practitioners are facing significant challenges in integrating their clinical knowledge as they work with warriors and their families. This training is to enhance their knowledge of the dynamics of the military culture and how it functions in these challenging times.

About Daybreak Counseling

Daybreak is a non-profit pastoral counseling agency serving the entire state of DE. Our services are provided by graduate level clinicians with mental health training and a commitment to inviting our clients to integrate their spiritual values into their counseling work, according to their inclination.

Visit us on the web at:

www.daybreakcounseling.org

For questions about this event, please call Doris Obenshain at 302-448-1450 or e-mail doriso@daybreakcounseling.org.

Understanding the Dynamics of Military Culture

Learning Objectives:

- 1 Understand deployment cycle dynamics
- 2 Review syndromes of PTSD, combat stress, mTBI and related war injuries
- 3 Methodologies of treatment
- 4 Understand usage of medication in treatment
- 5 Lessons learned

**Certificate for 3 NBCC-approved contact hours for counselors
Certificate of completion for 3 hours for APA or NASW**

Date: Friday, Feb 17, 2012

Time: 9 AM to noon

Location: 100 W Green St.
Middletown, DE

Connection Community Church
(across from the fire station)

A light lunch will be provided
after the event

\$45 - 3 contact hrs + lunch

\$35 early-bird fee thru Feb. 3.

Registration Deadline: Feb. 10

Meet our Presenters

Dr. Owen Lugar

Owen Lugar, Ed. D., psychologist is a former president of the Delaware Psychological Assn and a life member of the American Psychological Association. He holds a doctorate in counselor education from Penn State, and has been a CEAP and NHA. He is an author/editor of Thera-flicks, a series of family education materials ranging in topics from language development to stroke rehabilitation. Prior to his current position as director of psychological health for the DE National Guard, Dr. Lugar has been in private practice for over 38 years. Other assignments have involved being director of adult mental health for the DE prisons and executive director of an assisted living facility. He is a former marine.

Dr. Will G. Barnes

Dr. Will G. Barnes is Senior Chaplain, Colonel, in the Delaware National Guard. He is the Joint Force Chaplain who supervises chaplains and chaplain's assistants for both Army and Air Guard organizations. He previously served as the Director of the Doctorate Program in Marriage and Family Studies, Director of Theological Field Education, and Associate Professor at Palmer Seminary. He is an approved Supervisor of the American Assn of Marriage and Family Therapy. He also serves as Faculty Instructor in the Graduate Program of Marriage and Family at Thomas Jefferson Medical College and Council for Relationships, Inc, and adjunct instructor at Wilmington University, New Castle, DE.